

Intragastric Balloon

KEY POINTS



The Orbera Intragastric Balloon is an example of an **endoscopic** treatment for weight loss. Endoscopic treatments are performed using a fibre optic flexible scope inserted via the mouth into the stomach. Therefore the procedures involve no surgical scars and are generally quite safe.

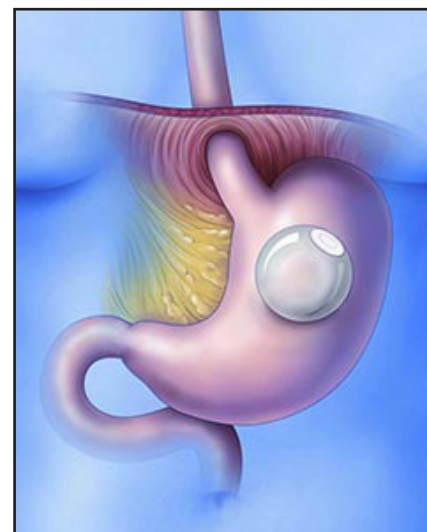
The Orbera intragastric balloon is a well studied endoscopic intervention for weight loss that has been implanted in Australia for over a decade.

A 600ml fluid filled balloon is inserted into your stomach where it stays until removal. It gives you a sense of satiety and reduced appetite, reducing your desire for food and portion sizes. It can produce moderate weight loss over this time and has a good safety profile.

It may be suitable for patients who do not qualify for conventional weight loss surgeries

*** Please note that the balloon must be removed after a 6 month period. Reimplantations may be possible subsequently however ***

Below is a list of estimated complication rates associated with the intragastric balloon. Note that these rates assume a good risk patient without previous weight loss surgery and within a fairly standard weight and BMI range for the balloon



Orbera Intragastric Balloon

Complication	Frequency	Comment
Death	1/3000	
Stomach Perforation	1/1000	Severe complication
Stomach lining damage	5%	Ulceration or inflammation - should resolve upon removal
Bleeding	2%	May require transfusion or rarely a procedure to control
Reflux symptoms	common	
Balloon deflation	1%	
Balloon migration	1%	The (deflated) balloon can move downstream into the bowel
Bowel obstruction	0.5% (1/200)	A migrated balloon might become stuck in the bowel
Premature removal	10-15%	

Please sign and date to indicate your understanding of the above:

Sign: _____ Print Name: _____ Date: _____