

Plant based protein powders.

Essential in the first few week's post-surgery and for top up if protein needs are not being met with diet.

	Boomers™ protein 30g serve	Natures Way Instant plant based protein™ (35g serve)	Happy whey™ 30 serve	Bulk nutrients Earth Protein™ 30g serve	Blessed Plant protein™ 32.4g serve	Musashi Plant protein™ 32g serve	Inc plant protein™ 36g per serve
Energy per serve (KJ)	501	564	Approx. 432	Approx. 490	520	517	632
Protein grams per serve	26	26	16 – 23g /serve Pending flavour	22 – 24 pending flavour	23	22.7	26.4
Protein source	Brown rice	Soy protein isolate	Pea rice	Pea, brown rice	Pea protein isolate	Pea protein isolate, brown rice	Pea protein isolate, brown rice
Flavours		Neutral, chocolate or vanilla flavour	4 vegan flavours = Choc pea, cacao mint, vanilla, peanut butter	5 flavours = choc, vanilla, choc honeycomb, choc coconut, salted caramel	Choc coconut, vanilla chai, salted caramel	Vanilla, chocolate	Vanilla, chocolate
Purchase	https://Boomers protein.com.au	Supermarkets	https://www.happyway .com.au	www.bulknutrients .com.au/earth- protein/	Chemist warehouse	Chemist warehouse	Chemist warehouse