

Pain Relievers after Bariatric Surgery

Guidelines for Individual Analgesics

Paracetamol

- This first line analgesic is fine to take in any form after bariatric surgery

NSAID group (Non Steroidal Anti Inflammatories)

- This group includes:
 - Voltaren
 - Ibuprofen/Brufen
 - Naprosyn
 - Aspirin
 - Mobic/meloxicam
 - Indocid/indomethacin
 - Celebrex
- These medications can cause stomach irritation and even ulceration if used regularly. Early on in the first six weeks after bariatric surgery it is best to avoid them if possible. Subsequent to this they can be taken occasionally with no concerns. If taken regularly or daily over longer periods, an anti-acid medication should be taken as well to help prevent ulceration. Nexium or Somac bought over the counter in chemists should be sufficient. Gastric bypass patients need to be especially careful with NSAID medications as the top join where the gastric pouch is made is particularly susceptible to ulcers. Ulcers can cause pain or bleeding or in extreme circumstances can cause perforation of the bowel.

Stronger Pain Relievers

- Including:
 - Endone/Oxycodone
 - Tramadol
 - Palexia
 - Targin
 - Panadeine Forte
- If required these can be taken with no particular concerns over and above those for patients who have not had bariatric surgery